

## Lunch

## **Starters**

LEMON & EDAMAME HUMMUS v 8.00

Crisp Vegetables, Grilled Pita

HALF POUND BUFFALO WINGS gf 7.00 Ancho BBQ Rubbed Jumbo Wings, Port Blue Cheese Dip

with a side Salad or Soup 12.00

FAROE ISLAND SALMON TACOS 8 00

Shredded Cabbage & Cilantro Slaw, Avocado, Fresh Lime with Flour Tortilla

MINI BRIE & PEAR QUESADILLA 8.00

Flour Tortilla, Arugula Orange Salad with a Small Salad or Soup 12.00

**BAKED SWEET POTATO gf** v 7.00

Kemp & Hemp Seed Hash, Ancho Yogurt with a Small Salad or Soup 11.00 11.00

HARVEST FLATBREAD 11.00

Roasted Sweet Potato, Brussels, Ancho Spice Pecan Shoulder Bacon, Jalapeno Havarti

FLATBREAD OF THE DAY 10.00

Ask about our daily temptation

COLUMBUS BREWING CO. IPA PORK BELLY

**TACOS gf** 10.00

Shaved Red Onion, Carolina Spiced BBQ Sauce, Romaine Lettuce "Shell"

From The Kettle

SOUP DU JOUR 6.00

ASIAN CHICKEN NOODLE SOUP gf 6.00

Fire Roasted Chicken, Herbed Broth, Rice

Noodles, Asian Chili

From The Garden

Add Chicken 5.00, Salmon\* 6.00

BEET & POACHED PEAR SALAD gf 13.00

Laurel Valley Curd, Toasted Almonds, Haricots Vert. Champagne Vinaigrette

FORK & KNIFE CAESAR v 12.00

Crispy Pita Shards, Cured Tomatoes

**BRUSSEL SPROUTS & SWEET POTATO SALAD** gf 9.00

Laurel Valley Cheese Curds, Sun Dried

Cranberries, Chopped Pepper Bacon, Dijon Maple Dressing

WESTIN WEDGE SALAD of 12.00

Sliced Tomato, Crumbled Bleu Cheese, Wedged Egg, Smoky Bacon, Green Goddess Dressing

**Hand Helds** 

All sandwiches served with kettle chips, fries or

TODAY'S FEATURE 9.00

Half Sandwich with Soup or Salad 10.00

TURKEY SANDWICH 12.00

Boar's Head Turkey, Bacon, Arugula, Mustard Aioli, Whole Wheat Bread Sandan

**BLACK & BLUE BRISKET BURGER\*** 12.00

Pepper Bacon, Sliced Stella Blue Cheese, Lettuce & Tomato, Toasted Brioche Bun

THURBER'S ANGUS BRISKET BURGER\* 15.00

Caramelized Balsamic Onions, Sunny Side Egg, Middlefield Goat Cheddar, Toasted Brioche Bun

**SWEET POTATO QUINOA BURGER** v 12.00

Chili Ketchup, Kale Slaw, Sliced Tomato, Jalapeno Havarti, Toasted Brioche Bun

**HOT PASTRAMI MELT 12.00** 

Sauerkraut, Spicy Pickles, Whole Grain Mustard, Amish Baby Swiss, Toasted Rye

HOT CBUS CHICKEN 13.00

Sweet Hot Pickles, Brussels Slaw, Grilled Brioche

Sides

Side Salad 5.00

Side Caesar 5.00 Oven Roasted Brussel Sprouts 5.00

Sweet Potato Wedges 5.00

Seasoned Fries 5.00

**Mains** 

THURBER'S CHEESE MAC 12.00

Ohio Artisan Cheese, Gemelli Pasta, Chopped Bacon, Sautéed Mushrooms, Broccoli

WHOLE WHEAT & SHRIMP POMODORO 18.00

Plum Tomato Sauce, Broccoli, Asparagus Tips, Fresh Basil and Parmesan Cheese

GREEN TEA LACQUERED SALMON gf 25.00

Sweet Potato, Shiitake Mushroom, Spinach Spinach

Beverages

FRESH BREWED STARBUCKS® COFFEE 3.00

Regular or Decaffeinated

**PEPSI SOFT DRINKS** 3.00

**JUICE** 3.00

Super ToodsRx Indicates a SuperFoodsRxTM dish. SuperFoodsRx powerfully pairs together whole foods to boost nutritional composition and flavors. Service charges and government taxes are additional. \*Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness.

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